



Key Vocabulary			
Sight	Your eyes let you see all the things around you.	Live young	Offspring that has not hatched from an egg.
Hearing	Your ears let you listen to all the things around you. Your brain is able to tell what different sounds are.	Dehydrate	To lose water (dry out).
Touch	Your skin gives you the sense of touch. You can tell if something is warm, cold, smooth or rough without even looking at it.	Diet	The food and water that an animal needs.
Taste	Your sense of taste comes from your tongue. You can tell if something tastes bitter or sweet. You might have some tastes you like and some you don't.	Disease	Illness or sickness.
Smell	You smell using your nose. Your nose can tell if things smell nice or not.	Energy	The power needed to carry out a task.
Adult	A fully grown up animal or plant.	Exercise	A physical activity to keep your body fit.
Develop	To grow and become stronger.	Germ	Bugs that cause disease and illness.
Life cycle	The changes living things go through to become an adult.	Heart rate	The number of times a heart beats in one minute.
Offspring	The child of an animal.	Hygiene	How clean something is (to stay healthy and stop disease and illness spreading).
Reproduce	When living things make a new living thing or the same kind.	Nutrition	Food needed to live.
Young	Offspring that has not reached adulthood.	Pulse	The beating of the heart that can be felt in your neck and wrist.


**Sense**




sight




hearing



touch

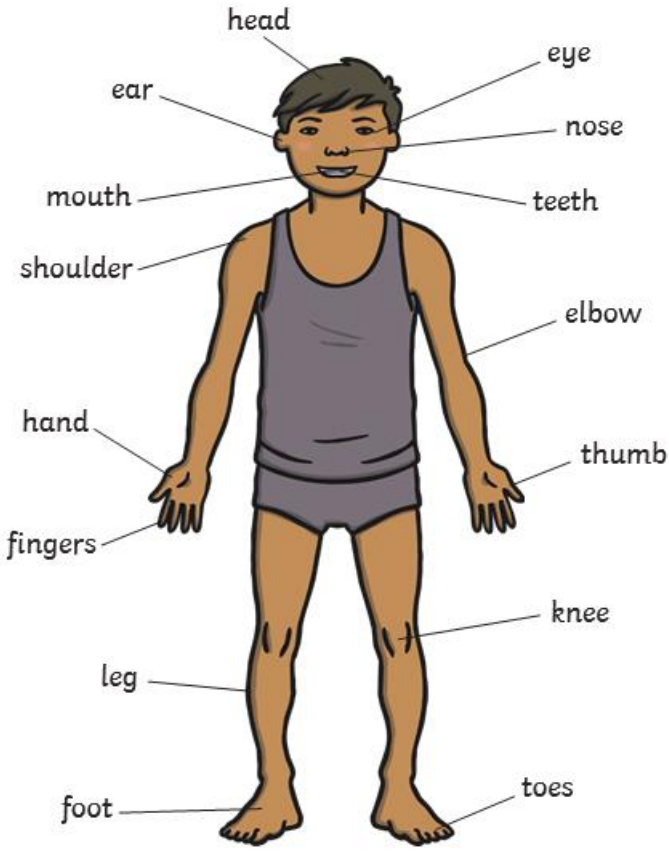


taste

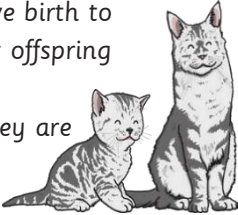


smell

**Parts of the Body**



Some animals give birth to **live young**. Their offspring normally look like them when they are born.

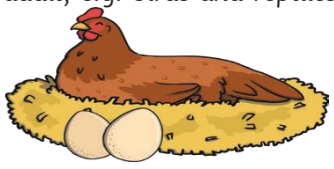


Other animals have offspring which do not look like them, e.g. fish and amphibians.

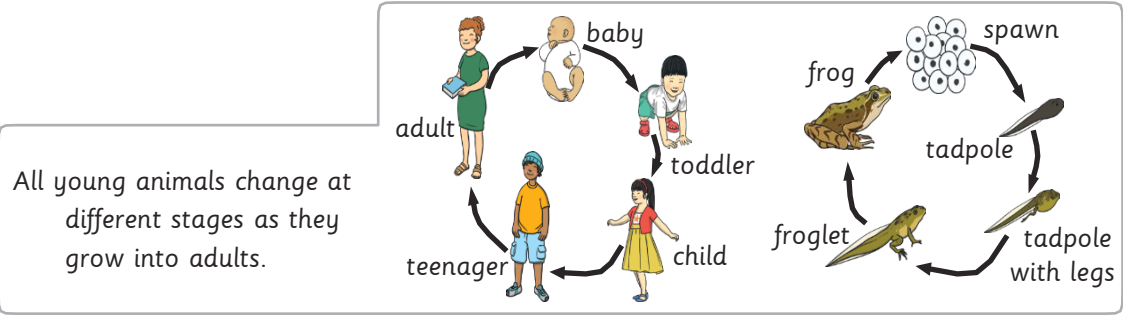


Some animals lay eggs which hatch into live young. This **young** then develops into an **adult**.


When these eggs hatch, some animals look like their adult, e.g. birds and reptiles.



All living things **reproduce** and have **offspring**.

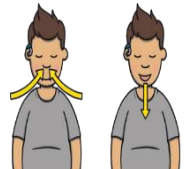


To stop illness and infections spreading, we must be hygienic and keep ourselves clean.




To stay alive, all animals have 3 basic needs:


**air**



**water**

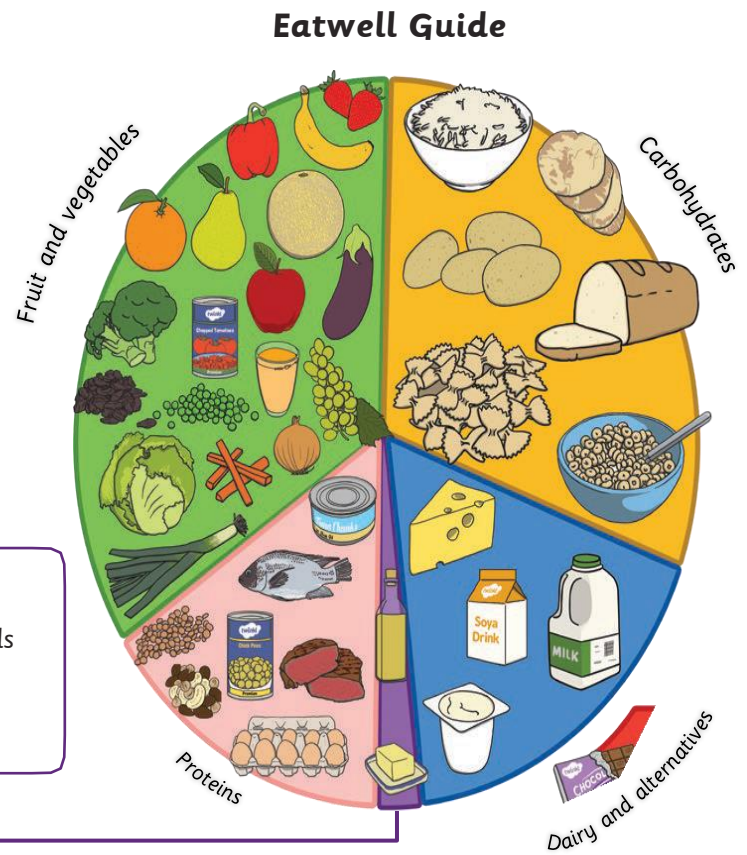


**food**



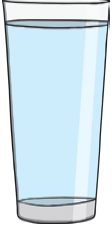
To grow into a healthy adult, we must eat the right types of food in the right amount and **exercise**.

**oils and spreads**  
Choose unsaturated oils and use in small amounts.



Water, lower fat milk, sugar-free drinks including tea and coffee all count.

**6-8 a day**



Eat less often and in small amounts.



