

Aspire Academy Trust – Relationship and Sex Education Policy

Appendix 1 – Curriculum Map

Academy Name	Cusgarne Primary School
Head of School	Tim Barnard Acting Head of School: Julia Murray
Date Completed	10 th May 2021

Term	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Autumn	Welcome to School Emergencies and Getting Help People Who Care for Us Rights, Responsibilities and Respect	Respecting Uniqueness Our Communities Everyday Safety Basic First Aid	World of Work Spending and Saving Money Road Safety Individual and Collective Strength	What Makes A Good Friend? Respecting Others Resolving Conflict and Managing Negative Pressure Everyday Safety and Basic First Aid	A Diverse Community Respectful Relationships Illness Nutrition and Healthy Eating	Different Types of Families Healthy and Harmful Relationships Keeping Your Body Safe Part 1 Keeping Your Body Safe Part 2
Spring	Healthy Friendships Our Bodies and Boundaries Our Health Healthy Food Choices	Learning About Work Horrible Hands Sharing Pictures Playing Games	Physical Activity Drugs The Internet and Everyday Life Everyday Feelings	Money Choices Volunteering and Citizenship Safety Enjoying the Online World Keeping Personal Information Safe and Private Online	Bodies and Reproduction Changes Online Content – Can You Trust Everything You See Online? Online Contact – Can You Trust Everyone Who Contacts You Online?	Spending Decisions Exploring Risk in Relation to Gambling Online Friendships and Keeping Safe Skills for Using the Internet Safely
Summer	We All Have Feelings Good and Not So Good Feelings Managing Our Time Safely Whilst Online	Online Friends Big Feelings Keeping Our Teeth Healthy	Expressing Feelings Strategies to support positive mental wellbeing Sun Safety	Understanding That Not Everyone Is Who They Say They Are Online Managing Feelings The Environment	Mental Health and Keeping Well Managing Challenges and Change Exploring Risk in Everyday Situations	Social Media Feelings and Common Anxieties When Changing Schools Changing Schools

