

By Aspens

Spring / Summer 2022

TUESDAY

Family

Faves

Beef Burger

in a Bun

Oven Baked

Wedges Coleslaw

7/3, 28/3, 18/4, 9/5, 30/5, 20/6, 11/7



MONDAY **Authentic**

Italian

BBQ Chicken Pizza Option 1 Crudites

Option 2

Margherita Pizza

Crudites

Super Veggie

V

Burger in a Bun Oven Baked Wedges v Coleslaw

WEDNESDAY Backing British

Roast Gammon Roasties and Fresh Vegetables Gravy

Veggie Sausage & **Summer Veg Traybake** Roasties and

Fresh Vegetables Gravy

THURSDAY Food **Festival**

Chicken Tikka Biryani Wholegrain Rice Coconut Green Beans

Roasted Sweet Potato Dhal Wholegrain Rice Coconut Green Beans

FRIDAY Fun Day

Fish Fingers Salmon or Pollock Chips and Baked Beans

Baked Beans & Vegetable Dippers Chips

V

Crispy Skin Jacket Potato with Tasty Toppings available daily

Packed Lunch

Potatoes

Pick and Mix Packed Lunch

Freshly filled sandwich or roll, healthy snack, home bake and piece of fruit Monday - Ham Tuesday - Cheese Wednesday - Ham Thursday - Cheese Friday - Tuna

The Finale

Warm Pineapple with Vanilla Ice Cream

Sticky Gingerbread Cake

Chocolate Brownie

Strawberry Mousse with Peach

Oat Cookie

Homemade Bread, Fresh Fruit, Yoghurt and Salad available every day ◆ Jacket Potato Packed Lunch Veggie Meat



By Aspens

Spring / Summer 2022

21/2, 14/3, 4/4, 25/4, 16/5, 6/6, 27/6, 18/7



MONDAY

Authentic Italian **TUESDAY**

Family Faves

BBQ Pulled Pork &

WEDNESDAY
Backing
British

Food Festival

THURSDAY

Beef LasagnePotato Wedges
Rainbow Slaw

FRIDAY Fun Day

Baked Breaded Fish

> Chips and Mushy Peas

Option 1

Creamy Chicken
Pasta Bake
Whole Grain Penne

Garlic Slice

Green Salad

Mash Carrots

Stuffing
Roasties and
Fresh Vegetables
Gravy

Roast Chicken &

Option 2

Veggie BologneseWhole Grain Penne

Garlic Slice Green Salad Baked Bean & Veggie Sausage Cowboy Pie

Carrots

V

Cheese & Spring
Onion Pastry Slice
Roasties and
Fresh Vegetables

Gravy

Veggie Nachos &
Cheese
Potato Wedges

Potato Wedges Rainbow Slaw Carrot & Potato
Cakes Homemade
Tomato sauce

Chips and Mushy Peas

Potatoes

Crispy Skin Jacket Potato with Tasty Toppings available daily

Packed Lunch Pick and Mix Packed Lunch

Freshly filled sandwich or roll, healthy snack, home bake and piece of fruit

Monday - Ham Tuesday - Cheese Wednesday - Ham Thursday - Cheese Friday - Tuna

The Finale

Peach Puff Pastry Rice Krispie Cakes Slice & Custard

Chocolate & Marshmallow Cake

Apple Pie & Custard

Fruity Flapjack

Homemade Bread, Fresh Fruit, Yoghurt and Salad available every day

Meat

V Veggie

Jacket Potato

Packed Lunch



By Aspens

Spring / Summer 2022

28/2, 21/3, 11/4, 2/5, 23/5, 13/6, 4/7, 25/7



MONDAY

Authentic Italian

Meatball, Pasta & Option 1 **Garlic Bread**

Traybake

Sweetcorn

TUESDAY

Family Faves

Sticky Baked Bangers & Mash

> Green Beans Gravy

WEDNESDAY

Backing British

Roast Chicken & Stuffing

Roasties and Fresh Vegetables Gravy

THURSDAY Food

Festival

Honey & Soy **Chicken Stir Fry** Wholegrain Rice Broccoli

FRIDAY Fun Day

Fish Fingers

Salmon or Pollock Chips and Peas

Option 2

Tomato & Mozzarella Gnocchi

> Garlic Slice Sweetcorn

Sticky Veggie Bangers & Mash

Green Beans Gravy **Quorn Roast**

Roasties and Fresh Vegetables Gravy

Crunchy Topped Macaroni Cheese

Broccoli

Veggie Croquettes

Chips and Peas

Potatoes

Crispy Skin Jacket Potato with Tasty Toppings available daily

Packed Lunch

Pick and Mix Packed Lunch

Freshly filled sandwich or roll, healthy snack, home bake and piece of fruit Monday - Ham Tuesday - Cheese Wednesday - Ham Thursday - Cheese Friday - Turra

The Finale

Chocolate Mousse with Mandarin

Sticky Toffee Pudding & Custard

Vanilla Sprinkle Sponge

Apple Crumble with Custard

Ginger Cookie

Homemade Bread, Fresh Fruit, Yoghurt and Salad available every day

▲ Meat

V Veggie

Jacket Potato Packed Lunch